

# *Get Focused...Stay Focused!™*

*How to implement a Freshman Transition course that helps students build the intrinsic motivation to succeed*

## **One-day Workshop Agenda For College and High School Educators**

**8:00 AM to 8:30 AM**

**Registrant check-in**

**8:30 AM to 12:30 PM**

**includes a 15-minute break**

**During the morning session, you'll learn:**

- What research tells us about dropout prevention and college completion
- Why the freshman year is a critical time for impacting college or post-secondary completion rates and, ultimately, life satisfaction
- The benefits associated with every student in your school having an online 10-year Plan
- About the Freshman Transition Initiative from George Washington University and find out how you can apply this school-wide initiative model to your college or high school campus
- About the *Get Focused...Stay Focused!™* Initiative of Santa Barbara City College (SBCC) as a replicable college/high school collaboration model
- About an *optional* dual enrollment strategy from SBCC, one of the largest dual enrollment programs in the country
- How the *Get Focused...Stay Focused!™* model ensures students are college and career ready

**Using the *Career Choices* series curriculum and My10yearPlan.com® Interactive (provided to each participant), you'll learn:**

- What classroom-based comprehensive guidance is and why it is a key post-secondary completion strategy from both a success standpoint and a cost-efficiency standpoint
- Proven methods for helping all students create a meaningful online 10-year career and education plan
- Strategies for using the online planning tool My10yearPlan.com® throughout high school and/or college for advisory functions and academic coaching
- The role technology can play in developing Student Education Plans (SEP) and Individual Learning Plans (ILP)
- Tips for successful implementation of the *Career Choices* series curriculum as a course

**12:30 PM to 1:15 PM**

**Lunch break (lunch provided)**

**1:15 PM to 2:45 PM**

**During the afternoon session, you'll discover:**

- How the *Career Choices* series can be used in a variety of course structures (traditional, hybrid, or distance learning) to address myriad issues for various student populations
- Techniques and strategies for a hybrid course that integrates both technology and academics
- A course that meets the Common Core State Standards (for high schools) and the mandates for first-year **informed** Education Plans (for colleges)
- What a skills-based Education Plan is, how to help students create this document, and why it's critical to both student and workforce success
- Best Practices from schools experiencing success with this process to help you build a vision of what's possible
- A variety of online instructional resources so instructors can direct their own professional development and launch a dynamic course from the first day of class
- About My10yearPlan.com® to better understand how it works and what it can do for your students

**2:45 PM to 3:00 PM**

**Q and A wrap-up session and time for individual planning and follow up.**